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Slovak Association of Chinese Wushu and School of Chinese Wushu

invite you to

## Slovak Wushu Championship 2017

/Open competition/

(Modern wushu, Traditional wushu, Taijiquan, Qingda, Tuishou,)

**8th of April 2017, Bratislava, Slovakia**

Organization committee chairman: Ľubomír France

Head judge: Michal Adamowicz

### Propositions

#### 1. Date and place

<b>8th of April 2016</b>	6:00 - 8:00	Weight check and registration
	8:00 - 9:00	Technical meeting of organizers and judges
	9:00 - 9:15	Opening ceremony
	9:30 - 17:00	Competition
	17:30 - 18:00	Announcement of results, giving prizes

**Place:** Gymnasium Športová hala VKP, Ludvíka Svobodu 3, Bratislava, Slovakia

#### 2. Participants

The competition is open; all wushu organizations are invited to participate. There is no limit for the number of competitors from one team/school.

**Teams need to bring:**

- Final registration forms
- Waiver of liability (specifically for each participant)

### 3. Registration

Final registration needs to be finalized by 31st of March 2016. Please, email the registration form to [wushusutaz@gmail.com](mailto:wushusutaz@gmail.com) and [taolusk@gmail.com](mailto:taolusk@gmail.com)

Registration fee is 10 EUR for one category; every other start is 2 EUR.

Fee is to be paid during registration on 8th of April 2016 from 6:00 to 8:00 in the morning. Registration fee after the registration deadline is double the amount. Information and data in registration form cannot be changed after the official registration time is over. The paid registration fee does not cover insurance of competitors.

### 4. Competition rules

Competition will be held according to IWUF Rules for International Wushu – Chapter 3 and 4 with adjustments defined by Slovak Association of Chinese Wushu. Competition will be judged by the head judge, two or three judges (2-3) in **group A**, who evaluate quality of movements, and two or three judges (2-3) in **group B**, who evaluate overall performance. The Nandu movements (group C) will not be judged. **The final score is the average of scores from judges in group A and B. Pursuant to official competition rules, the head judge can adjust the final score.** The judges will be chosen by Slovak association of Chinese Wushu based on nominations from individual wushu schools (clubs) and Slovak association of Chinese Wushu itself.

For modern wushu, competition protocol according to the IWUF Rules for International Wushu is in place. Judges can allow exceptions, especially concerning clothing in beginner groups. For traditional wushu, competitors wear long trousers and top of their choice.

Competition area for modern wushu and Taiji will be 14\*8 m (carpet laid over tatami). Competition area for traditional categories will be tatami or carpet laid over tatami. Competition area for contact disciplines will be 8\*8 m (tatami).

For all taolu categories, shoes are obligatory. Shoes are not obligatory for contact disciplines.

If the number of competitors is small, organizers can combine similar categories. If the number of competitors is high, organizers can further divide categories based on style. One competitor can compete in maximum five categories.

### 5. Competition categories

#### MODERN WUSHU - A

##### 1st group - Senior categories (18 years and older)

- a) Changquan (5 duan, 1st, 2nd and 3rd set of International Competition Routine or optional Routine)
- b) Daoshu (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- c) Jianshu (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- d) Qiangshu (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- e) Gunshu (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- f) Nanquan (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- g) Nandao (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- h) Nangun (1st, 2nd, 3rd set of International Competition Routine or optional Routine)
- i) Taiji quan 24, Taiji quan 42 (or other standardized Taiji quan forms. In case of more than 3 competitors would register for a specified routine, then the said routine category would be created and opened)

- j) Taiji sword (jian) 32, Taiji sword (jian) 42 (or other standardized Taiji jian forms. In case of more than 3 competitors would register for a specified routine, then the said routine category would be created and opened)

### **2nd group – Junior categories (15-17 years)**

- a) Changquan (5 duan, 1st, 2nd and 3rd set of International Competition Routine)
- b) Daoshu (1st, 2nd, 3rd set of International Competition Routine)
- c) Jianshu (1st, 2nd, 3rd set of International Competition Routine)
- d) Qiangshu (1st, 2nd, 3rd set of International Competition Routine)
- e) Gunshu (1st, 2nd, 3rd set of International Competition Routine)
- f) Nanquan (1st, 2nd, 3rd set of International Competition Routine)
- g) Nandao (1st, 2nd, 3rd set of International Competition Routine)
- h) Nangun (1st, 2nd, 3rd set of International Competition Routine)
- i) Taiji quan 24, Taiji quan 42 (or other standardized Taiji quan forms. In case of more than 3 competitors would register for a specified routine, then the said routine category would be created and opened)
- j) Taiji sword (jian) 32, Taiji sword (jian) 42 (or other standardized Taiji jian forms. In case of more than 3 competitors would register for a specified routine, then the said routine category would be created and opened)

### **3rd group – Junior categories (12-14 years)**

- a) Changquan (5 duan, 1st set of International Competition Routine)
- b) Daoshu (1st set of International Competition Routine)
- c) Jianshu (1st set of International Competition Routine)
- d) Qiangshu (1st set of International Competition Routine)
- e) Gunshu (1st set of International Competition Routine)
- f) Nanquan (1st set of International Competition Routine)
- g) Nandao (1st set of International Competition Routine)
- h) Nangun (1st set of International Competition Routine)
- i) Taiji quan 24
- j) Taiji sword (jian) 32

### **4th group – Junior categories (under 12 years)**

- a) Changquan (32 form of International Competition Routine)
- b) Daoshu (32 form of International Competition Routine)
- c) Jianshu (32 form of International Competition Routine)
- d) Qiangshu (32 form of International Competition Routine)
- e) Gunshu (32 form of International Competition Routine)
- f) Nanquan (32 form of International Competition Routine)

### **5th group – Beginner categories (under 15 years)**

- a) Wubuquan
- b) 16 movements routines

#### ***Time limit:***

- 1st, 2nd and 3rd group – no less than 1 min. 20 seconds;
- 4th and 5th group – no time limit;
- Taiji quan 24 – 4-6 min. Head judge whistles after 5 minutes.

- Taiji sword (jian) 32 – 3-4 min. Head judge whistles after 3 minutes.

**Note:**

Competitors can participate at most in five categories: fist, short weapon, long weapon, taiji sword a taiji fist. Competitors are divided into groups based on age. It is not allowed to compete in two age groups. **Beginners are allowed to compete only in the beginner groups.**

**TRADITIONAL WUSHU - B**

1. **Group – Seniors (39 years and older)**
2. **Group –Seniors (18-39 years)**
3. **Group – Juniors (15-17 years)**
4. **Group – Juniors (12-14 years)**
5. **Group – Juniors (10-11 years)**
6. **Group – Juniors (under 10 years)**

**Category A: Traditional Northern styles**

- a) Shaolin Gongfu Quan, Lian Huan Quan
- b) Shaolin Xiao Hong Quan
- c) Shaolin Tong Bei Quan
- d) Shaolin Chang Quan
- e) Shaolin Da Hong Quan
- f) Shaolin Luo Han Quan
- g) Other fist forms

**Category B: Traditional Southern styles**

- a) Traditional southern styles from Guandong, Fujian, Sichuan
- b) Traditional southern styles others (Hong quan, ...)

**Category C: Traditional Taijiquan a Taiji weapons**

- a) Yang
- b) Chen (including 56 chen form and new 36 chen form)
- c) Sun
- d) Wu
- e) Wu (Hao)
- f) Taiji jian – straight sword (including new chen taiji straightsword form)
- g) Taiji other weapons

**Category D: Imitation styles – all imitation styles**

- a) Houquan
- b) Yingzhaoquan
- c) Zuiquan
- d) Tanglangquan
- e) Ditangquan
- f) Zonghequan
- g) Mizongquan
- h) Heihuquan

**Category E: Various traditional**

- a) Tongbeiquan
- b) Fanziquan
- c) Chuoqiaoquan
- d) Piguaquan
- e) Wudangstyles (except Wudang Taijiqian, Xingyiquan and Baguazhang)
- f) Chaquan, Gongliquan, Yuejiaquan, Huaquan, Baoquan, Liuhequan, others

**Category F: Traditional internal styles**

- a) Xingyiquan
- b) Baguazhang
- c) Bajiquan

**Category G: Traditional weapons including Shaolin weapons**

- a) Dao (broadsword)
- b) Gun (staff)
- c) Jian (straight sword)
- d) Qiang (spear)
- e) Other routines with short weapons
- f) Other routines with long weapons
- g) Double weapons
- h) Flexible weapons: three-section staff, nine-section chain whip, rope dart, etc.

**Category H: Beginners** – all shorts forms of traditional wushu

**Category I: Duilian**

***Time limit for traditional wushu:***

- all groups – no less than 50 seconds;
- beginners – no time limit;
- traditional Taijiqian – 4-5 min. Head judge whistles after 4 minutes.
- Taiji weapons – 4 min.

**QINGDA–C**

**Age categories (limits):** 7-11 years, 12-14 years, 15-17 years, 18-35 years, over 35 years (if Juniors are built above average, they can be moved to a different category).

**Weight categories:** under 48 kg (under 48 kg categories are created with 5 kg difference), under 55 kg, under 65 kg, under 75 kg, under 85 kg, under 95 kg, over 95 kg

**Competition form:** under 18 years – 2 rounds, each lasting two minutes  
over 18 years – 3 rounds, each lasting two minutes

- Rounds are separated by a 1 minute break
- Obligatory protection: for head, shin and foot bridge, chest, suspensor, teeth protection, closed gloves 10oz (for category under 14 years also 8oz) (not MMA type)
- Clothes: short or long trousers, T-shirt with short sleeves
- Maximum power of punch 10%, it is forbidden to attack unprotected parts of the head, directly attack sensitive areas and joints, also head-butts, kicks and punches with knees or elbows, dangerous throws, locks, fighting on the ground, etc.
- Competitors must have trimmed nails and keep hygiene

**TUISHOU–D**

**Age categories (limits):** 15-18 years, over 18 years

**Weight categories:** under 50 kg, under 60 kg, under 70 kg, under 80 kg, under 90 kg, under 100 kg, over 100 kg

**Competition form:** under 18 years – 2 rounds, each lasting one minute  
over 18 years – 2 rounds, each lasting two minutes

- Rounds are separated by a 1 minute break
- Allowed are various internal Wushu styles (taiji, bagua, xingyi, wuji, ...), competitors must perform at least a part of a routine in a particular style to prove their ability to participate in tuishou
- Recommended protection: suspensor, teeth protection, soft protectors for knees and elbows
- clothes: long trousers, T-shirt with short sleeves, soft training shoes with thin non-smudging sole
- Tuishou is performed by free movement in the competition area. It is forbidden to attack unprotected parts of the head, directly attack sensitive areas and joints; also head-butts, kicks and punches with knees or elbows, dangerous throws, locks, fighting on the ground, etc.
- Competitors must have trimmed nails and keep hygiene

**Male and female competitors are competing separately in all categories.**

**Competition is for all wushu competitors (including contact disciplines) using techniques of wushu/kungfu styles. Main rules are according IWUF and EWUF rules with changes allowed for national competitions (in age and weight categories, administrative requirements).**

## **6. Prices**

Best three in every category will be announced and awarded with medals and certificates.

## **7. Anti-doping rules**

The competition is following general anti-doping rules of WADA and ADA SR. Information about forbidden substances and therapeutic exceptions are freely available at [www.antidoping.sk](http://www.antidoping.sk)

In case of differences/ambiguities, Slovak version shall prevail.